

Abundant Blessings - Homecare

Contact: Last Updated: 09/22/2022 9:43:41AM Last Reviewed: 09/22/2022 Phones: (603) 473-2510 [Business]*

Address: [Mailing]* 22 Cosmar Dr. Sanbornville, NH 03872 (Carroll county), [Business] Web Site: <u>http://www.abundantblessingshomecare.com/</u>

Biddeford, ME 04005 (York county)

Eligibility:

Notes: Abundant Blessings provides in-home assistance with activities of daily living - personal care, homemaking, and transportation/errand needs.

Licensed in NH and ME for homecare. In Maine serves Acton, Alfred, Arundel, Biddeford, Fryeburg, Kennebunk, Kennebunkport, Lebanon, Lyman, Moody, North Berwick, Ogunquit, Old Orchard Beach, Saco, Sanford, Shapleigh, South Berwick, Springvale, Waterboro, Wells

Please call for current rates; private pay, long term care insurance and veterans benefits.

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Aging Excellence Kennebunk

Contact: Last Updated: 01/02/2024 3:33:44PM Last Reviewed: 01/02/2024

Address: [Business]* 124 Fletcher St, Unit B Kennebunk, ME 04043 (York county) Phones: (207) 233-8847 [Business]

Web Site: www.seniorsonthego.com

Eligibility:

Notes: Providing comprehensive in-home wellness care for seniors in Kennebunk, Maine. Compassionate care for Seniors Peace of mind for family members. Aging Excellence. Serving seniors and their families in Kennebunk, Arundel, a surrounding areas, Aging Excellence Kennebunk is your full-service resource for providing the trust and confidence needed to age independently and gracefully—at home!

Our Aging Excellence Kennebunk caregivers provide a full range of in home senior care. Our services include: 24 Hour Personal Care Social Companion/Homemaking services Transportation for appointments Transportation for errands and shopping Telephone Reminders and Reassurance Aging Life Care Management Handyman/Chore Services

Our friendly Aging Excellence Kennebunk caregivers are based out of our Kennebunk office. Aging Excellence Kennebunk works for individuals and families in Kennebunk, Arundel, and surrounding areas with a variety of nee Call us to assess your in-home senior care needs, and to discuss the services you or your loved one requires.

Aging Excellence: Saco

Contact: Last Updated: 04/27/2022 1:59:42PM Last Reviewed: 04/27/2022 Phones: (866) 771-0991 [Toll-Free], (207) 283-0991 [Business]*

Address: [Business]* 199 Main St. Saco, ME 04072 (York county) Web Site: www.seniorsonthego.com

Eligibility:

Aging Excellence offers a variety of services, activities, and retail goods that are designed to assist older adults to remain active and independent in their own home or community. Services provided include: care management consulting, organized day trips, parties, transportation, reminder service, chore services, homemaker/companion services, telephone reassurance, and personal care services.
 Please call for current fee schedule.
 Please call FMI and/or a free initial in-home or in-office consultation to discuss needs.
 Services Saco, Scarborough, Biddeford and surrounding area.
 Registered Personal Care Agency.
 Hours: Monday through Friday 8am - 5pm; services 24/7.



Aging Kingdom Homecare

Contact: Last Updated: 12/07/2023 11:35:52AM Last Reviewed: 12/07/2023 Phones: (207) 807-2119 [Business]*, (207) 881-6288 [Alternate]

Address: [Service Area Placeholder]

Web Site:

Biddeford, ME 04005 (York county), [Business]* 415 Congress St, Suite 406 Portland, ME 04101 (Cumberland county), [Mailing] 411 Congress St Portland, ME 04101 (Cumberland county)

Eligibility:

Notes: Aging Kingdom Homecare provides all non-medical home care services such as personal care, light housekeeping, medication reminders, transportation and errand, meal preparation and companionship. Whether you or your love one is in the comfort of their home, in an assisted living, long-term care facility, rehab or coming home from the hospital we will be there. Out niche is spiritual care, so incorporating that into the care plan can be an added service. Aging Kingdom is licensed, bonded and insured. Two-hour minimum shifts up to 24/7.

Please call for more information on fees, to set up a free home assessment to set up services immediately or whe you are ready.

Serves all of York and Cumberland County.

Align Home Care

Contact: Last Updated: 03/01/2024 8:15:25AM Last Reviewed: 03/01/2024 Phones: (207) 835-4849 [Business]*

Web Site: www.alignhomecare.com

Address: [Business] 124 Fletcher St Kennebunk, ME 04043 (York county), [Business]* 251 US Highway 1, Suite D Falmouth, ME 04105 (Cumberland county)

Eligibility: Age 62 & older or declared disabled, Other - See Notes

Notes: Align Home Care believes in customizing balanced and holistic care plans for seniors and adults of any age wantin to remain safely in the place they call HOME. Align Home Care encourages our clients to partake in all activities c daily living and home tasks that they can still do, helping them to remain independent, happy and purposeful through any emotional or physical challenge. Care can include, but not limited to, personal care, light housekeepi , med reminders, errands, appointments, meal prep and enjoyable trips outside of the home. We specialize in encouraging our clients to maintain good nutrition, hydration, social interaction, mind building activities and spirit well being. 4 hour shifts up to 24/7 as well as Live-In. Call for a free in-home consultation.

3/5/2024

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Amada Senior Care

Contact: Last Updated: 12/07/2023 9:17:29AM Last Reviewed: 12/07/2023

Address: [Service Area Placeholder]

Phones: (207) 305-2233 [Business]*

Web Site: www.amadaseniorcare.com/southern-maine-seni or-care/

Biddeford, ME 04005 (York county), [Business]* 18 Ocean St, Suite 3 South Portland, ME 04106 (Cumberland county)

Eligibility:

Notes: Our family-run business encompasses three generations of Southern Maine caregivers whose mission of providing the highest-quality care for seniors represents a passion and chosen life's work. Offering assistance with bathing, dressing, companionship, respite, transportation services, medication reminders, laundry, light housekeeping, meapreparation, mobility, exercise. Able to work with Long Term Care Insurance claims and the VA. Call us at 207-305-0242, Monday - Friday: 8:00am - 5:00 pm

Proudly serving families in Androscoggin, Cumberland, Oxford, Sagadahoc, and York counties

Anytime Services for Seniors, Inc.

Contact: Last Updated: 07/20/2022 3:47:45PM Last Reviewed: 07/20/2022 Phones: (207) 727-6201 [Business]*, (207) 727-6208 [Business Fax]

Web Site: https://www.anytimeservicesforseniors.com

Address: [Mailing] PO Box 568 Buxton, ME 04093 (York county), [Business]* 1167 Cape Rd Hollis Center, ME 04042 (York county)

Eligibility:

Notes: Anytime Services for Seniors is a state registered, local home care business serving the residents of Maine for ove 18 years providing person centered care to assist with daily living activities, so our clients can stay independent while living in their own homes. Our licensed and certified caregivers provide personalized professional care and are well experienced in memory care issues such as Alzheimer's and dementia. Anytime Services for Seniors is dedicated to helping you remain safely in your own home. ?Some of the services we provide include but not limite to: Conversation and Companionship, Meal Preparation, Routine Housekeeping/Laundry, Grocery Shopping, Erran and Medication Pick-up, Bathing and Dressing, Toileting, Catheter Care, Ambulation, Exercise, Range of Motion, Blood Sugar, Blood Pressure and Weight checks, Medication Reminders.

Serves York, Cumberland, and southern Oxford counties

Please call for more information or to arrange an initial consultation/assessment.



Arcadia Health Care: Springvale

Contact: Last Updated: 03/17/2023 3:53:35PM Last Reviewed: 03/17/2023

Address: [Business]* 455 Main Street Springvale, ME 04083 (York county) Phones: (207) 324-3498 [Fax], (866) 324-3401 [Business]*, (207) 324-3400 [Other]

Web Site: www.arcadianewengland.com

Eligibility:

Notes: Arcadia provides home care tailored to the client's needs and wishes. Health care services are provided by registered nurses, licensed practical nurses, and certified nurses aides. Non-medical care such as personal care assistance, homemaker, companionship and transportation is also available.

Please call for more information and/or to arrange for services.

At Home Senior Companion Services

 Contact:
 Chantal Brousseau

 Last Updated:
 07/20/2022
 3:50:31PM

 Last Reviewed:
 07/20/2022

Phones: (207) 337-0950 [Business]*

Web Site: <u>www.athomescs.com</u>

Address: [Business]* 660 Coles Hill Rd Wells, ME 04090 (York county), [Mailing] 660 Coles Hill Rd Wells, ME 04090 (York county)

Eligibility:

Notes: At Home Senior Companion Services is a licensed and fully insured non-medical Private State of Maine L.L. C. located in Southern Maine. They offer a variety of services that include transportation, medication reminders, mea preparation, pet services, light housekeeping services including laundry, social companionship and massage thera . Seniors 65+ years of age. Accepts Long Term Care Insurance. Serves: Kennebunk, Kennebunkport, Wells and Ogunquit. Hours: Monday-Friday; Saturday and Sunday as needed.



Scarborough, ME 04074 (Cumberland county)

Comfort Keepers

-	ted: 04/27/2022 3:29:08PM	Phones:	(207) 494-3026 [Business]
Address:	[Business] 57 Portland Rd Kennebunk, ME 04043 (York county), [Business]* 253 US Route 1	Web Site:	www.comfortkeepers.com/offices/maine/scarboro ugh

Eligibility:

Notes: Comfort Keepers provides non-medical services in-home and to clients in hospitals, nursing homes or assisted livit facilities. Services offered include personal care, companionship, light housekeeping, laundry, meal prep, medication reminders, grooming, errand services, shopping assistance, recreational activities, transportation to doctor appointments or other commitments, and respite care for caregivers. Focus is older adults but will consider adults of any age.

Please call for more information and/or to arrange for services. There are 2 locations - Kennebunk and Scarborough

D&C Home Care

Contact: Last Updated: 01/02/2024 3:45:14PM Last Reviewed: 01/02/2024

Phones:

Address: [Business]* 62 Portland Rd, Suite 7 Kennebunk, ME 04043 (York county) Web Site: www.dchomecaremaine.com

(207) 221-2555 [Business]*

Eligibility:

Notes: D&C Home Care Personal care encompasses a wide variety of non-medical services that support maintaining personal hygiene. They include activities of daily living such as dressing, grooming, toileting, showering and bathin The level of support is determined during our client intake process and can vary from full hands-on assist to stanc by monitoring and anywhere in between. ALL Caregivers providing personal support services are professionally trained and have PSS certifications.

Companion Support - Companion care is a comprehensive approach that assists the elderly with daily tasks in anc out of home, transportation, light housekeeping, errand running, meal preparation, engagement/socialization.

Medication Management/Service Co-ordination, D&C Home Care has the resources to manage and monitor client's medication needs. We can monitor and order refills when necessary and cue daily intake of medications to ensure that clients are properly taking the medications they need daily. All medication management is handled by a certified Aging Life Manager. Assisting in scheduling of appointments both in and out of the home through our office staff is also something that can be part of a plan of care.

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Extended Family LLC

Contact: Last Updated: 08/17/2023 11:57:21AM Last Reviewed: 06/01/2023

Phones: (603) 343-4434 [Business]*

[Business]* Address: 34 Dover Point Rd Suite 201 Dover, NH 03820 (county), [Service Area Placeholder]

Web Site: www.extended-family.net

York, ME 03909 (York county)

Eligibility:

Extended-Family LLC's mission is to help people age on their own terms by promoting independence, good health Notes: and engagement in life. Extended Family provides non-medical home care which includes assisting with personal care, homemaking, Companion, Chore, Medication reminders, Assistance with errands/shopping, Accompany to appointments, Chore services.

> Private Pay, Long Term Care Insurance, MaineCare with approval of services, Veterans Administration. Registered PCA agency in the State of Maine.

Certified caregivers provide: Personal care (e.g. bathing, dressing, grooming); Transportation; Companionship; Grocery shopping & meal; preparation; Social activities; House cleaning & organization.

Serves: Seacoast area of Maine and New Hampshire.

Please call for current rates; for a free initial consultation; then intake with a full assessment.

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FCP Live-In

Contact: Last Updated: 02/20/2024 12:36:02PM Last Reviewed: 01/23/2024 Phones: (207) 205-1406 [Business]*, (877) 887-2273 [Other]

Address: [Service Area Placeholder]

Web Site: www.liveinhomecare.com

Scarborough, ME (Cumberland county), [Business]* FCP-Live In 2573 Main Street Out Of State, CT (county), [Service Area Placeholder]

Biddeford, ME (York county) Eligibility: Disability / Health Condition

Notes: FCP Live In offers 24/7 care in your home. They require a minimum of 2 weeks.

- Caregivers are certified professional PCA, HHA, & CNAs

- Caregivers are bonded/insured and covered by workers' compensation insurance, unemployment insurance, and on payroll with taxes matched as required by law

- Background checks (state and national) on all caregivers

- Caregivers assist clients w/personal care, medication reminders, meal preparation, housekeeping, and transportation to appointments/errands

- Caregivers assist clients with Alzheimer's/Dementia, and hospice care

- Emergency triage team is available 24/7 for clients, families, caregiversand healthcare providers We service ME, NH, MA, VT, RI, & CT



3/5/2024

Home Instead Senior Care: York County

Kennebunk, ME 04043 (York county)

Contact: Last Updated: 08/16/2022 9:31:24AM Last Reviewed: 04/29/2022

[Business]*

85 Main Street PO Box 551 Phones: (207) 405-2487 [Business]*

Web Site: https://www.homeinstead.com/499

Eligibility:

Address:

Notes: Home Instead Senior Care provides non-medical services and personal care services such as: Meal Preparation, Medication Reminders, Laundry, Light Housekeeping, Escort for Shopping and Errands, Respite Care. They require hours a week minimum. There is mandatory ongoing training for caregivers to ensure that they understand the physical and emotional needs of the elderly. Selected caregivers also receive specialized Alzheimer's training.

HFC® (formerly Hilarity for Charity) and the Home Instead® network are working together to award home care grants to those providing care to their loved ones living with Alzheimer's disease or other dementias. The HFC Alzheimer's and Dementia Care Grants are awarded across the United States and Canada. The goal of the grant program is to provide exceptional home care to families affected by this disease, and to give these families suppo and rest. These grants are facilitated by Home Instead, where available. These grants are for respite care hours, there is no cash value.

Please call or complete online contact form to discuss care requirements and arrange for a free, no obligation home assessment.

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Living Innovations

Contact: Last Updated: 04/05/2023 2:05:44PM Last Reviewed: 04/05/2023

Address: [Business] 312 Cottage St. Suite C Sanford, ME 04073 (York county), [Business]* 238 North Street Saco, ME 04072 (York county), [Business] 1 Weston Ct Suite G-1 Augusta, ME 04330 (Kennebec county) Phones: (207) 282-3311 [Business]*, (207) 799-4465 [Business], (207) 282-0768 [Fax]

Web Site: <u>http://www.livinginnovations.com</u>

Eligibility:

Notes: Dedicated to being Maine's provider of choice for Shared Living, Community Support, In-Home Support and a range of other services. Our Maine management team has great expertise and experience in providing services for peop with a broad range of intellectual and developmental disabilities. That depth of experience allows us to provide comprehensive, personalized and inclusive services to meet the very unique needs of each person we serve. Pleas contact us if we can help find the supports that are a just-right fit for you or a person you care about.

Living Innovations helps adults with developmental disabilities throughout Maine. Some of the services they offer are shared living options at home, community based community support, personal supports and community case management.

Living Innovations Support Services in Saco provides support for people with disabilities – including Case Management, Job & Life Skills Development & Coaching, a Shared Living option in which an individual lives with a carefully selected and trained host family. Saco 207-282-3311.

Please call for more information or to arrange a meeting to determine services needed.

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Right at Home: Home Care and Assistance

Contact: Last Updated: 04/07/2023 12:04:44PM Last Reviewed: 03/29/2023

Address: [Service Area Placeholder]

Phones: (207) 707-6011 [Business]*, (207) 430-9955 [Fax]

Web Site: www.rightathome.net/greater-portland-me

Biddeford, ME 04005 (York county), [Business]* 51 US Route One Scarborough, ME 04074 (Cumberland county), [Mailing] 51 US Route One Scarborough, ME 04074 (Cumberland county)

Eligibility:

Notes: Right at Home Maine provides supportive care to seniors from York to Brunswick. We are a family owned agency with over 20 years of experience in senior home care. Right at Home supports older Mainers in their desire to be independent at home. Call today to discuss care options for how your loved one can stay in their home and Right Home will match you with a caregiver that will support you or your family members independence.

Saco River Health Services

Contact: Last Updated: 04/05/2023 2:11:06PM Last Reviewed: 04/05/2023 Phones: (207) 247-9000 [Business]*

Web Site: www.sacoriverhealth.com

Address: [Business]* P.O. Box 69 802 Main Street Waterboro, ME 04087 (York county) Eligibility: Accepts Mainecare/Medicaid

Notes: Saco River Health Services provides home health care and the following non-medical services: Personal Care, Mea Preparation, Light Housekeeping Duties, Grocery Shopping, Errands, Transportation, Respite for Caregivers. They are a Licensed Home Health and Mental Health Agency.

Please call for more information or to arrange for services; Mainecare, private insurance, and private pay are accepted.



SOS Serving our Seniors

Contact: Last Updated: 07/20/2022 4:14:52PM Last Reviewed: 07/20/2022

Phones: (207) 251-6549 [Business]*

Address: [Business] Unpublished Kennebunk, ME 04043 (York county)

Web Site: http://daniellebonneysos.com/

Eligibility:

Notes: SOS is a registered Personal Care Agency that provides home non-medical services such as companionship, transportation to appointments and assistance with tasks of daily living. The services are flexible and customized every client's specific needs. Located in coastal york county but will provide services anywhere in York and Cumberland counties. Please call for a free consultation at home.

Phones:

Web Site:

Warmth Home Care, LLC

Contact: Last Updated: 10/05/2023 2:25:55PM Last Reviewed: 10/05/2023

(207) 286-7938 [Business]*

Address: [Business]* 15 Western Ave Biddeford, ME 04005 (York county), [Mailing] 15 Western Ave Biddeford, ME 04005 (York county)

Eligibility:

Warmth Home Care, LLC provides Non-Medical Home Care Services such as: medication reminders, assistance with Notes: cooking, cleaning the home, laundry, grocery shopping, bathing and completing other non-medical tasks as neede based upon the situation. Please call or email for more information.

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